

**BE RESPONSIBLE.
DON'T FLUSH YOUR MEDS!**



**Facts About
MEDICATION DISPOSAL**

Have you ever wondered what to do with the prescription and over-the-counter medications that have expired or are no longer needed? The once common practice to discard these medications down the toilet or sink is no longer acceptable.

Medications that have been discarded through the sewer system may not be broken down by the sewage treatment facility or septic tank system and can contaminate the soil, surface water, and groundwater.

Research has shown that exposure to medications can harm fish and other aquatic life.

Properly disposing of unwanted medications will help protect your family, community, and environment.

Please help protect our environment for future generations.

HELPFUL LINKS

**City of Glendale
Pretreatment Program:**
[www.glendaleaz.com/
Utilities/pretreatment](http://www.glendaleaz.com/Utilities/pretreatment)

DEA Drug Disposal Information:
[www.deadiversion.usdoj.gov/
drug_disposal/index.html](http://www.deadiversion.usdoj.gov/drug_disposal/index.html)

**EPA Relative Risk of
Pharmaceuticals in Wastewater:**
[www.epa.gov/sites/production/
files/2015-06/documents/
how-to-dispose-medicines.pdf](http://www.epa.gov/sites/production/files/2015-06/documents/how-to-dispose-medicines.pdf)

FDA:
[www.fda.gov/ForConsumers/
ConsumerUpdates/ucm101653.htm](http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm101653.htm)

WikiHow:
[www.wikihow.com/
Dispose-of-Medication](http://www.wikihow.com/Dispose-of-Medication)

– CONTACT INFORMATION –

Glendale Water Quality Lab
623-930-3885

**Glendale Police Department
Community Action Team**
623-930-3380



623-930-4100
GlendaleAZ.com/WaterServices



**Proper Ways to
Dispose of Medication &
Personal Care Products**

**DON'T RUSH
TO FLUSH!**



623-930-4100
GlendaleAZ.com/WaterServices

OPTION 1:

MEDRETURN BOXES AT GLENDALE POLICE STATIONS

CONCEAL

Keep your unused medication in its container. Use a permanent marker to cross out your personal information.

FIND

Find a MedReturn box location near you. The City of Glendale Police Department has MedReturn boxes located at the following stations:

Foothills Station -
6255 W. Union Hills Dr.

Gateway Station -
6261 N. 83rd Ave.

Available Monday - Thursday,
8 a.m. to 4 p.m.

DROP-OFF

Place the medication container into the MedReturn box.

THESE ITEMS ARE NOT ACCEPTED:

liquids, inhalers, syringes, thermometers, lotions, ointments, aerosol cans, and medications from businesses or clinics

OPTION 2:

TRASH DISPOSAL AT HOME



MIX

Mix medications with an undesirable substance like kitty litter or used coffee grounds.



SEAL

Put the mixture into a sealable bag or container with a lid.



THROW AWAY

Dispose of the sealed bag or container into your household trash. Keep away from children and pets.

OPTION 3:

OTHER DISPOSAL METHODS

Contact your local pharmacy to see if they collect unused medications.

Search for an Authorized Collector Location at:

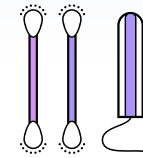
www.deadiversion.usdoj.gov/drug_disposal/takeback/

WHAT NOT TO FLUSH

In addition to prescription and over-the-counter medications, these items should not be flushed. Please dispose of the following items in the trash, not the toilet.



PAPER TOWELS/ NAPKINS



PERSONAL HYGIENE PRODUCTS

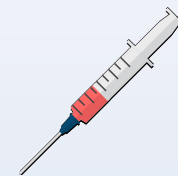
cotton balls,
cotton swabs,
feminine products



WIPES - even the ones advertised as "flushable"



DIAPERS



NEEDLES - should be disposed in a medical sharps container, or a heavy-plastic or metal container that is puncture-proof with a tight-fitting lid.