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CERTIFICATION CLASSES AVAILABLE TO ASPIRING LIFEGUARDS

Glendale, Ariz. — Lifeguarding. It's not just a job, but an opportunity to protect the community and provide an important safety service for local aquatics facilities. Glendale is offering potential lifeguards the opportunity to receive all the required training during the month of March, and those who complete the courses will be able to apply for summer lifeguarding positions to be filled at Glendale aquatics centers.

Lifeguarding is a leadership position where people learn to handle emergencies in, on and around the water. If you are 15 years of age or older and a strong swimmer, Glendale will be conducting interviews to hire summer, certified lifeguards at its two aquatic centers. To help meet the needs of potential lifeguards, Glendale is offering the following classes to certify students in required CPR/AED, first aid and water rescue.

After successful completion of this course, participants will receive the Red Cross lifeguard certification as well as CPR/AED and first aid, which are required to apply for lifeguard positions with the city of Glendale and other Valley cities. Certifications expire two years from the date of issue.

Three classes are available in March and will be held at Glendale's premier aquatics location, Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr. Prerequisites to taking the class are: age 15 by the last day of the class (proof of age will be verified, so bring a state-issued identification or birth certificate to the first class); must be a strong swimmer (Level 4 swimming skills or equivalent); pass the pre-test (which consists of swimming 300 yards continuously using 100 yards freestyle, 100 yards breast stroke and 100 yards choice of freestyle or breaststroke) and be able to swim 20 yards from the pool wall, retrieve a 10-pound brick from 7 feet of water and swim with the brick 20 yards back to the side of the pool within 1 minute 45 seconds.

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LIFEGUARD CLASSES

Add 1-1-1-1

The available classes are as follows:

- Class I: Pre-test – March 15, 10 a.m.-Noon Class – March 17-21, 8-11 a.m. and March 22, 2- 7 p.m.
- Class II: Pre-test – March 15, 10 a.m.-Noon Class – March 17-21, 12-3 p.m. and March 22, 2- 7 p.m.
- Class III: Pre-test – March 24, 4-5 p.m. Class – March 25-28 and April 1-4, 5-8 p.m.

Class I and II are a combination of online and personal instruction. There will be required online learning modules that must be completed prior to class starting, and more details will be provided to registered individuals. The price for these two classes is \$150 (\$200 for non-Glendale residents). These classes will have an additional \$35 fee to be paid to Red Cross during the online learning portion of the test and details will be provided. Class III is taught by an onsite instructor and the price is \$200 (\$250 for non-Glendale residents).

Participants must attend every scheduled date and time for the course to pass. Refunds and make-ups days cannot be given for missed classes.

Registration accepted online at www.glendaleaz.com/ParksandRecreation/OnlineRegistration.cfm; by calling 623-930-4600; or in person at the Foothills Recreation & Aquatics Center, 5600 W Union Hills.

For more information, call 623-930-4608.

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