



# NEWS FOR IMMEDIATE RELEASE

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## Glendale Fire Department

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## **THE GLENDALE FIRE DEPARTMENT PROMOTES NATIONAL BURN AWARENESS WEEK AND SCALDING INJURY PREVENTION**

**Glendale, Ariz.** — The Glendale Fire Department is currently promoting National Burn Awareness Week, which runs through February 11, 2017, and wants to provide residents with information on scald injury prevention.

Scald injuries occur when hot liquid, hot food or steam damages one or more layers of skin with most burns occurring in the home, usually in the kitchen or bathroom.

Burn injuries affect all ages. Young children and the elderly are the most vulnerable. Over 100,000 children were seen in emergency rooms across the country last year for scalding burn injuries.

Scalds can be prevented through increased awareness of scald hazards and by making simple environmental or behavioral changes. The Glendale Fire Department encourages residents to take these steps to ensure their home is safe and to prevent a scalding injury:

- Set water heater at the lowest level. Water temp should never rise above 120°F in residences and 110°F in nursing homes/daycares.
- Always establish a “kid-safe” zone in the kitchen, keep all children at least 3 feet from any cooking appliance.
- Use the back burners when possible.
- Turn pot/pan handles towards the back of the stove.
- Avoid using tablecloths. Children can use these to pull hot object down on them.
- DO NOT warm baby bottles in the microwave.
- DO NOT hold a child while cooking or carrying a hot beverage.

For more information regarding burn injury prevention, please contact the Glendale Fire Department at 623-986-0148 or visit the American Burn Association's website at [www.ameriburn.org](http://www.ameriburn.org).

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