



NEWS FOR IMMEDIATE RELEASE

GlendalesAZ.com/Fire

Glendale Fire Department

6829 North 58th Drive / Glendale, Arizona 85301

623-930-4400



September 13, 2016

CONTACT: Capt. Michael Young, PIO, 623-986-0148

WITH KIDS BACK IN SCHOOL, GLENDALE FIRE FOCUSED ON PEDIATRIC RESPIRATORY EMERGENCIES

Glendale, Ariz. — September is an exciting time as most children have begun the new school year. New clothes, new teachers, and new supplies bring happiness but unfortunately this time of year also brings an increase in respiratory illnesses in kids.

According to the National Library of Medicine, September is the peak month for Upper Respiratory Infections, and that is why Glendale Firefighters are refreshing their respiratory emergency skills.

Approximately 175 firefighters will participate in a two-hour long refresher course over the next several weeks during the department's regularly scheduled weekly medical training known as "EMS Wednesdays" that will cover things like asthma attacks, bronchitis, and croup.

The training will begin September 14.

The Glendale Fire Department's Emergency Medical Services Division is conducting the training, which will include up-to-date information, review of protocols and lifesaving drug dosages, an examination of recent respiratory emergency calls, and an opportunity for firefighters to partake in realistic scenarios that include life-size pediatric and adult mannequins.

To prevent the spread of illnesses, washing your hands is your best approach.

Following these safety tips on how to properly wash your hands may prevent a trip to the hospital or calling 911:

- Wet your hands with water before adding soap.
- Rub hands together forcefully, making sure to wash wrists and under fingernails.

- Rinse hands completely and dry with a clean paper towel.
- When using a public bathroom, use a paper towel to turn the faucet off and to open the door.
- Make sure to wash your hands before and after you eat, after using the restroom, after school, and after coughing, sneezing, or blowing your nose.

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