



NEWS FOR IMMEDIATE RELEASE

GlendalesAZ.com/Fire

Glendale Fire Department

6829 North 58th Drive / Glendale, Arizona 85301

623-930-4400



FOR IMMEDIATE RELEASE: April 28, 2016
CONTACT: Capt. Michael Young, PIO, 623-986-0148

GLENDALE FIREFIGHTER WINS GOLD AT ARIZONA POLICE AND FIRE GAMES

Glendale, Ariz. — At the Arizona Police and Fire Games, which took place on April 24, Glendale Fire Engineer Gary Ware won a gold medal for bench pressing 430 pounds, the most weight for his weight class and earned a bronze medal for overall performance.

Ware competed against 30 other public safety professionals.

At last year's Arizona Police and Fire Games, Ware won gold for bench press along with Glendale Firefighter Gene Tracy, who won gold medals for Bench Press (455lbs.), squat (600lbs.), and deadlifts (650lbs.).

Engineer Ware and Firefighter Tracy are both assigned to Engine 158, B-Shift, located at 6261 North 83 Avenue, and will compete in the United States Police and Fire Championships in San Diego, California, in the Push-Pull competition on June 23.

Pictures of Ware and Tracy are attached.