



FOR IMMEDIATE RELEASE: September 19, 2014
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GLENDALE FIRE DEPARTMENT WANTS RESIDENTS TO CHEER FOR SAFETY DURING CARDINALS GAME

Glendale, Ariz. —Sundays are always a popular time for friends and family to get together, even if they don't enjoy football. This Sunday, as the San Francisco 49ers are in town to take on the Arizona Cardinals at University of Phoenix Stadium in Glendale, many fans will be tailgating, while others will be at home cooking and entertaining. The Glendale Fire Department wants residents to "cheer for safety" by practicing safe habits and to keep in mind the following tips to ensure the health and safety of loved ones during their football celebration.

Every year, unattended cooking is the leading cause of home fires resulting in an average of 400 deaths and almost \$1 billion in direct property damage. Decorating your home with candles can be hazardous as well. Candles are the second leading cause of home fires.

Any celebratory gathering should be remembered as a joyous and happy time spent with friends and relatives. To make sure it truly is a victorious Sunday, please follow these safety tips:

When tailgating:

- Bring water for cleaning if none will be available at the site. Pack clean, wet, disposable cloths or moist towelettes and paper towels for cleaning hands and surfaces.
- Carry cold perishable food like raw hamburger patties, sausages, and chicken in an insulated cooler packed with several inches of ice, frozen gel packs, or containers of ice.
- Be sure raw meat and poultry are wrapped securely to prevent their juices from cross-contaminating ready-to-eat food. If possible, store these foods near the bottom of the cooler, so that juices don't contaminate other foods in the cooler.
- If you can't keep hot food hot during the drive to your tailgate, plan and chill the food in the refrigerator before packing it in a cooler. Reheat the food to 165 °F as measured with a food thermometer.
- If bringing hot take-out food, eat it within 2 hours of purchase (1 hour if the temperature is above 90 °F).

At home:

- When cooking for visitors, be sure to keep an eye on the oven.
- Enforce a "kid-free zone" of three feet around cooking areas and turn handles inward away from the reach of small children
- Never pour water onto a grease fire and never discharge a fire extinguisher onto a pan fire, doing so will spread the fire.
- Take a moment to test your smoke detector before cooking.
- Discuss your escape plan with visitors in the event a fire breaks out.

- Never leave a candle burning unattended.
- Keep candles clear of curtains, decorations and other combustibles.
- Never use grills or fryers indoors.
- Make sure the gate or door that leads to the pool is always locked. Interior fences provide an additional barrier and should have self-closing, self-latching gates.
- Learn or review first-aid skills to aid someone who is choking or having a heart attack.
- Learn “hands-only” CPR in the event someone stops breathing or heart stops. Go to www.glendaleaz.com/fire to learn “hands-only” CPR...ITS THAT EASY!

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