



NEWS FOR IMMEDIATE RELEASE

GlendalesAZ.com/Fire

Glendale Fire Department

6829 North 58th Drive / Glendale, Arizona 85301

623-930-4400



May 25, 2016

CONTACT: Capt. Michael Young, PIO, 623-986-0148

GLENDALE FIREFIGHTERS WHO SAVED ONE OF THEIR OWN ACCEPT CPR WEEK PROCLAMATION FROM MAYOR

Glendale, Ariz. — On January 18, 2012, the Glendale Fire Department suffered one of its greatest challenges with the near sudden death event of Engineer-Paramedic Michael Patten.

While returning from vacation, Patten collapsed at a gas station and went into sudden cardiac arrest. Close friends, and Glendale Firefighter-Paramedics, TJ Dresher and Ian Winterstein performed 1200 hands-only chest compressions (CCC-CPR) on Patten until help arrived.

Dresher and Winterstein also had the forethought to request air transportation from the Phoenix Fire Department Alarm room. Glendale Fire's HALO 151 was dispatched to provide rapid transport to West Valley Hospital.

A miracle was granted, and Patten walked out of the hospital one week later, neurologically intact, with no deficits.

On Tuesday, May 24, 2016, Dresher and Winterstein, accompanied by Patten and Glendale Deputy Chief Gary Benson, accepted a proclamation from Mayor Jerry Weiers at the Glendale City Council meeting. The proclamation stated the City of Glendale proclaims June 1-7 National CPR and AED Awareness Week and calls upon the citizens of Glendale to recognize the importance of bystander Continuous Chest Compression-CPR and the use of AEDs.

National CPR and AED Awareness Week, recognized by Congress since 2007, highlights how lives could be saved if more people know CPR and how to use an AED. A survey conducted by the American Red Cross showed that 25% of people have been in a situation where someone needed CPR.

When an adult's heart stops, also known as cardiac arrest, they need immediate CPR to have a chance to survive this traumatic event. Statistics show that only 30% receive that immediate CPR. Most bystanders that don't act are either uncertified in CPR or afraid that they will further hurt the person that is in need of CPR. These are the reasons that the American Heart Association created Hands-Only CPR.

Hands-Only CPR is what it sounds like; you only use your hands. No more mouth-to-mouth, no more CPR ratios of 15:2 (15 compressions for every 2 breaths), etc.

If you see an adult collapse, call 911, and push hard and fast in the center of their chest until the fire department arrives. You can only help the patient by taking action.

The Glendale Fire Department provides free one-hour CCC-CPR and AED classes to the public upon request of businesses, clubs, groups, organizations and schools. In doing so, the City of Glendale has been designated a "Heart Safe City" by the Arizona Department of Health Services.

Please visit www.glendaleaz.com/fire to learn Hands-Only CPR. It's that easy and yes, there's an app for that!

###