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## **GLENDALE CELEBRATES NATIONAL PARK & RECREATION MONTH WITH ACTIVITIES, PROMOTIONS AND GIVEAWAYS THROUGHOUT JULY**

*Month-long celebration highlights essential value of local parks and recreation*

**GLENDALE, Ariz.** -- Summer is here, which means it's time to get your play on. This July, discover the power of play with the city of Glendale as it celebrates Park and Recreation Month. Even though the temperatures are a bit high this time of year, it is the perfect time to learn about or rediscover all the amazing activities and opportunities Glendale's Parks & Recreation Division has to offer.

Glendale is celebrating Park and Recreation Month, an initiative of the National Recreation and Park Association (NRPA), and all the ways parks and recreation has the power to transform our daily lives. From providing us places to play, get fit and stay healthy to fostering new relationships and forging a connection with nature, our close-to-home community park and recreation facilities provide essential services and improve quality of life.

The Mayor and City Council read a proclamation for National Park & Recreation Month at Tuesday evening's council meeting, and recognized several staff from the department as well (see attached photo.)

The city's celebration of this observance will run throughout the month of July at various recreation facilities and events in which residents can learn more about programs and services, get their "play on" with some interactive games at various events, and enter to win prizes with a special contest for various prizes, including many different items, from t-shirts to free monthly recreation center passes to a Fitbit.

The list of dates and locations staff will be out, interacting with residents is:

- Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.:  
Mondays 1-3 p.m. (July 3, 10, 17, 24, 31)
- Glendale Adult Center, 5970 W. Brown St.: Fridays 9-11 a.m. (July 7, 14, 21, 28)

## National Park & Recreation Month/Add 1.1.1

- Glendale Summer Band Concert, E. Lowell Rogers Amphitheatre, Downtown Glendale:  
Thursday, July 6, 7-8:30 p.m.
- Christmas in July, Glendale Visitor Center, Downtown Glendale: Saturday, July 8, 10 a.m. - noon

In addition, NRPA is hosting a weekly contest encouraging people to show them why play is so important in their lives. Visit [www.nrpa.org/July](http://www.nrpa.org/July) for more information on how to participate. Entries can be submitted via the hashtag #NRPAPlayChallenge. NRPA also encourages all people that support parks and recreation to share why they think play is so important with the hashtag #PlayOnJuly.

To learn more about Park and Recreation Month, visit [www.glendaleaz.com/parksandrecreation](http://www.glendaleaz.com/parksandrecreation) and [www.nrpa.org/July](http://www.nrpa.org/July). You can also call the parks and recreation office at 623-930-2820.

To enter Glendale's contest online, visit our Facebook page at [www.facebook.com/glendalerecreation](http://www.facebook.com/glendalerecreation). Earn extra entries by liking, sharing, tweeting and more!

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