# Travel Green Options



## Bus to work

Are you tired of the expense, congestion and stress that goes with driving a car to work? Try the bus. All employees can get a Smart Card that works like a credit card with the city paying all of your bus fare. We have a Valley bus schedule along with other helpful information to assist your trip planning.



### Work at home

If you have the right job and the right personal computer at home, this could be an option for you. You can be more productive because you may have fewer distractions when you are at home by yourself (this should not be considered an option for employees with young children at home). Be sure to check with your supervisor first.



## Carpool to work

Find a carpool partner and start saving money on gas and maintenance by sharing the ride to work. Take turns by driving and using the HOV lanes to cruise on in to work while others sit in stop-and-go traffic on the freeways. To find a carpool partner, email Rhianna at radams@glendaleaz.com



## Guaranteed ride home

If there is an emergency at home or you have to work late and you biked, walked, carpooled, took the bus, or any other alternative mode to work, we guarantee that you can get a ride home. Once you start using a travel green option, we will give you the phone number of our contract cab company. With your supervisor's approval, the cab ride is covered by the city.



#### Bike to work

The city encourages bicycling to work. We have places you can shower, lock up your bike and if you don't have a bike or a helmet, we can get you one for free! Best of all, you'll be getting a great workout just going to and from work! We have maps and suggested routes to help you get started.



#### Walk to work

If you do not live too far away from where you work, why not walk?
Like bicycling, you can get the recommended 30 to 60 minutes of aerobic exercise just by walking to work and back home again. You could also combine walking to a Park-and-Ride lot and then taking the bus to work.



# Compressed work week

By working one or two hours longer per day you can take one day off or one day every other week. In a 4-10 week you work four 10-hour days instead of five 8-hour days. In a 9-80 option you work eight 9-hour days and one 8-hour day for total of a 80 hours with one day off every two weeks. The idea is to eliminate a commute by car once a week or once every two weeks. If you're interested, see your supervisor.



Hybrid and alternative fuel
If you drive a hybrid or an alternative
fuel vehicle you are part of our trip
reduction program. This means that
you can participate in all of our city
employee events, and drawings.

# Together we can help clean the air!

## What's the problem with our air?

The Phoenix metro area has a serious problem with air quality caused in large part by exhaust from thousands of cars taking people to and from work every day.

The problem is the amount of carbon dioxide (CO), ozone and particulate matter (PM-10) that comes from driving automobiles.

- CO-High levels cause nausea, dizziness, headaches and fatigue. Restriction of oxygen to the heart and lungs is an effect of CO-High levels.
- Ozone-High levels (they're highest in the summer) damage lungs by causing them to lose elasticity and cause arteries to thicken.
- PM-10 Causes allergy-like symptoms and clogs lungs, especially in children and seniors.

If you bused, biked, carpooled, or even telecommuted just once a week or even once every two weeks, you could have a positive impact on the quality of our air. We appreciate your participation in the Trip Reduction Program that offers the following incentives.

- Every month we have prize drawings for employees participating in TRIP. These can be gift certificates for a variety of popular retail outlets or special prizes. For more information, call Rhianna at (623) 930-2662
- We offer the best parking sites to people who carpool. This offer is good even if the person you carpool with doesn't work for the city.
- We have a Smart Card bus program through Valley Metro that you use like a credit card. The fabulous part is that you are not responsible for the bill as long as you use it to get to work.





