



your e-newsletter

Travel Green + Travel Happy = Healthy Environment

Fall 2008

The Travel Green quarterly newsletter is designed to keep you updated on the latest events, programs and tips for each season. Four times a year, we'll send you helpful information on how you can help our air's quality, share some personal testimonies about Travel Green, and inform you on the events of the season to come. This way you can mark your calendars and get involved!

WHAT WE'RE ALL ABOUT!

Travel Green in the city of Glendale provides you with information, tools and resources that are aimed to help residents, employers and employees make wise choices about how to get around. There are many programs, including It All Adds Up, Glendale's Family Bike Ride and many other resources from Glendale's Trip Reduction Program.

We want to encourage our citizens to explore the options in transportation. Reduction in traffic congestion, pollution and personal gains are all transportation benefits that one can experience by utilizing Travel Green. By exercising your options you can stay fit, save money, help our air and help our transportation to run smoothly.



Time to B.A.G.I.T.

Gas prices are still high, but you can save some green by going green. Just B.A.G. I.T. (Gus and Bus Individual Training)! Classes are available at the Glendale Adult Center, room 102 and will be held on Oct. 23, Nov. 20, Dec. 18, and after the holidays starting January the classes will be the 4th Thursday of every month. Class times are 10 a.m. and 6 p.m. No registration, just show up and learn how to ride Valley Metro Public Transportation or Gus Bus 1, 2 or 3. The Gus Bus and Valley Metro bus will be there as well. They will go through fears that one would have about riding the bus, how to read a bus book, planning a trip, using the online trip planner, how to enter and exit a bus (for the physically challenged), fares, and how to signal your stop. The city of Glendale and Valley Metro will be your instructors, and there to answer all of your questions. Come and join us!

Why Green?

The city of Glendale is not only interested in creating a healthy environment, but a sustainable future for generations to come. There are many ways to do this and Travel Green is just one participating component. You don't have to radically change your life to go green, just be willing to change some habits here and there in your day-to-day routine. The only way we can do this is by educating our citizens and making them aware of their choices. For example, if one out of every 10 drivers walked or biked to work just twice a week we would save \$2 billion in gas a year. Another change that would really make a difference is trip chaining. Trip chaining is just plotting out those errands and doing them all at once or in one day rather than throughout the week. Try a couple of changes in your lifestyle little by little, and you'll soon find that you can save money without cramping your carbon-creating lifestyle.

Fall Events

The Trail of Two Cities

The cities of Glendale and Peoria are having their annual family bike ride on October 18th. This free, 10-mile family bike ride kicks off at Peoria Sports Complex, 16101 N. 83rd Ave. Sign-in is at 9 a.m. with the ride beginning at 9:30 a.m. All riders must wear helmets. For more information, call Brandon Forrey at 623-773-7201 or e-mail Brandon.Forrey@PeoriaAZ.gov.



Health, Safety, and Green Fair

This free fair is at Kellis High School, 8990 W. Orangewood, on Saturday, November 15, from 10 a.m.-2 p.m. There will be information on skin care and protection, air quality, emergency planning, recycling and much more. There will be fun for the kids, demonstrations for the family and healthy food choices.

Travel Green + Travel Happy = Healthy Environment

Watch out planes, trains and automobiles! Bikes, buses and carpools are taking over as the city of Glendale launches a new green initiative called Travel Green to give people the opportunity to help clean up our environment on the go.