

Lap Swim -- October 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7-10am 2p-4p
2 Noon-2pm	3 5:45am-9am 11am-1pm 5:30-7pm – 6 lanes 7p-730p – 3 lanes	4 5:45am-9am 11am-1pm 5:30pm-7:30pm	5 5:45am-9am 11am-1pm 5:30-7pm – 6 lanes 7p-730p – 3 lanes	6 5:45am-9am 11am-1pm 5:30pm-7:30pm	7 5:45am-9am 11am-1pm	8 7-10am 2p-4p
9 Noon-2pm	10 Columbus Day FRAC Hrs: 7a-7p <u>Lap Swim Hours</u> 7-9am 11am-1pm	11 5:45am-9am 11am-1pm 5:30-7pm – 6 lanes 7p-730p – 3 lanes	12 545a-9a 11a-1p *630p-730p due to Deer Valley Meet	13 5:45am-9am 11am-1pm 5:30pm-7:30pm	14 5:45am-9am 11am-1pm	15 7-10am 2p-4p
16 Noon-2pm	17 5:45am-9am 11am-1pm 5:30-7pm – 6 lanes 7p-730p – 3 lanes	18 5:45am-9am 11am-1pm 5:30pm-7:30pm	19 5:45am-9am 11am-1pm 5:30-7pm – 6 lanes 7p-730p – 3 lanes	20 5:45am-9am 11am-1pm 5:30pm-7:30pm	21 5:45am-9am 11am-1pm	22 7-10am 2p-4p
23 Noon-2pm	24 5:45am-9am 11am-1pm 5:30-7pm – 6 lanes 7p-730p – 3 lanes	25 5:45am-9am 11am-1pm 5:30pm-7:30pm	26 5:45am-9am 11am-1pm 5:30-7pm – 6 lanes 7p-730p – 3 lanes	27 5:45am-9am 11am-1pm 5:30pm-7:30pm	28 5:45am-9am 11am-1pm	29 7-10am 2p-4p
30 Noon-2pm	31 Halloween FRAC Hrs: 530a-9p 5:45am-9am 11am-1pm 5:30pm-7:30pm					