



**“Groundhog Day Classic”
Inaugural Swim Meet
Feb 4, 2012**


Meet Registration Code: 543998-01



**Foothills Recreation & Aquatic Center
5600 W. Union Hills Drive
Glendale, AZ 85308**

Warm-ups begin at 9:00 A.M.

For More Information: Call Zach Skinner @ 623.930.2838

 For special accommodations, please call 623-930-2838. Hearing impaired, call TDD at 623-930-2197.

GROUNDHOG DAY CLASSIC INAUGURAL SWIM MEET Short Course Yards

Saturday, February 4th, 2012

A QUICK NOTE ABOUT THIS SWIM MEET

The Groundhog Day Classic swim meet was created to offer FRAC lap swimmers and adult recreational swimming enthusiasts from around the valley an opportunity to compete in a fun, mildly-competitive, friendly environment. This meet is not designed for swimmers looking for a super-competitive experience. This meet is not sanctioned by USMS or any other governing body. Times at this meet will not qualify you for USMS records/championship meets.

HOST: City of Glendale Aquatics Division & Foothills Recreation & Aquatic Center

LOCATION: Foothills Recreation & Aquatic Center
5600 W Union Hills Drive
Glendale, AZ 85308
Front Desk: 623.930.4600

CONTACT: Zach Skinner, Sr. Aquatic Coordinator
Direct Line: 623.930.2838
aquaticinfo@glendaleaz.com

ELIGIBILITY:

- Open to all swimmers age 16 and older as of 2/4/11. Swimmers are not required to be a member of USA Swimming or USMS. This swim meet is recreational only ... aka for fun!
- Swimmers are not required to be FRAC pass holders, although monthly and annual pass holders receive a discount off of the registration fee.
- The meet entry form should display your name (and team name if applicable). Association with a team is not required to swim in the meet. Please print all information legibly.
- The age reported on your entry form must reflect your age as of 2/4/2012.

ENTRY FEES & PAYMENT:

- Registration closes Friday February 3rd at 3pm. We are unable to accept entries/changes after this deadline.
- A flat entry fee of \$30 per swimmer (\$40 if registering after 1/25/12) will be charged per person. This includes registration for 5 individual events and 2 relays.
- All individuals, regardless of entry method, must sign the waiver at the bottom of the entry form.
- Mailed entries must be postmarked by 1/25/2012.
- Refunds will only be issued for documented medical reasons or if the meet is cancelled.
- Registration may take place in person at the FRAC front desk, or by mail. Swim meet registration is not available by phone at this time.
- Cash, checks and credit card (Visa, MasterCard, and AMEX) accepted.
 - All checks should be made out to City of Glendale.
 - Credit card numbers, with expiration date, may be used for mail-in.

Mail Payment to:
Foothills Aquatic Center
Attn: Jill Vanaller
5600 W Union Hills Drive
Glendale, AZ 85308

SEEDING & LANE ASSIGNMENTS:

Each event will be seeded by the seed time provided by the swimmer, with the slower heats swum first (except the 500, which will be swum fastest to slowest). Only the first 12 entries for the 500 will be honored (2 heats). The meet will be seeded according to times submitted, regardless of age and gender. No time (NT) entries will be seeded in the slower heats. Swimmers are responsible to report to the blocks on time for their

appropriate heat and lane for each event. Heat and lane assignments for all events will posted by 9am on the day of competition.

AGE GROUPS: 16-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

RELAYS: This inaugural year, all relays will be swum purely for “fun” and will not be scored. Relays will not count towards a swimmer’s high point total. Relays will be deck entered. Mixed relays may be swum with any combination of men/women. Age grouping is not required for relays.

AWARDS:

- Heat Winners will receive a prize.
- Medals and ribbons will be provided for individual and relay events (1st through 8th) by gender and age group for 19+, 25+.... through 100+.
- Men’s and Women’s High Point awards will be provided.
- There are no team awards for this meet.

T-SHIRTS

Meet t-shirts can be ordered/purchased on the meet registration form for \$10 each. Please indicate size. All sizes are Adult Men’s sizes. Pre-ordered shirts will be handed out at the meet. For those who don’t pre-order a met t-shirt, they will be available for order the day of the event for \$15 per shirt. Your size will be ordered and mailed to you within 2 weeks.

TIMELINE & ORDER OF EVENTS:

The meet will be seeded according to times submitted, regardless of age and gender.

Deck Opens	8:30am
Heat Sheet Posted:	9:00am
<i>(Participants should double check for accuracy at this time)</i>	
Warm -Ups:	9:00am - 10:00 am
Competition:	10:00am - ~1:00pm (finish time depends on # of entries)

- | | |
|--------------------------|---|
| 1. 200 Medley Relay | 9. 50 Freestyle |
| 2. 50 Backstroke | 10. 200 Individual Medley |
| 3. 200 Freestyle | 11. 100 Backstroke |
| 4. 50 Breaststroke | 12. 50 Butterfly |
| 5. 100 Butterfly | 13. 100 Breaststroke |
| 6. 200 Backstroke | 14. 100 Freestyle |
| 7. 100 Individual Medley | 15. 200 Freestyle Relay |
| 8. 200 Breaststroke | 16. 500 Freestyle (First 12 registrants only - 2 heats) |

WARM-UP & COOL-DOWN:

Entry into the pool must be feet first in a cautious manner with one hand in contact with the deck. Diving shall be permitted only from the blocks in the designated sprint lanes during warm-up. Warm-up and cool-down may be swum in the dive well area during the competition. No diving is permitted in this area. Instructions given by Glendale staff must be obeyed at all times. A swimmer may be disqualified at the discretion of the Meet Director for failure to comply with rules, official staff requests, or directions.

FOOD AND DRINK: All food and drink, except for water, must be kept in the snack bar area of the aquatic center.

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*This is not a USMS Sanctioned Meet***

PRINT LEGIBLY OR TYPE

NAME _____ **GENDER** _____

BIRTHDATE _____ **AGE ON 2/4/12** _____

TEAM (optional) _____

ADDRESS _____

CITY, STATE _____ **ZIP** _____

HOME PHONE (_____) _____ **BUSINESS PHONE (_____)** _____

E-MAIL _____

CREDIT CARD #: _____ **EXP DATE:** _____ **AMT:** _____

TYPE (circle one): **VISA** **MASTERCARD** **AMERICAN EXPRESS**

Circle the event numbers in which you would like to be entered and show your seedtime to the hundredth of a second. **EXAMPLE: 2:42.25** would be "2 minutes 42.25 seconds". If you do not enter a time you will be entered "NT." You may choose up to 5 individual events and 2 relays.

EVENT #	SEED TIME	EVENT	EVENT #	SEED TIME	EVENT
1.	_____	200 Medley Relay	9.	_____	50 Freestyle
2.	_____	50 Backstroke	10.	_____	200 Individual Medley
3.	_____	200 Freestyle	11.	_____	100 Backstroke
4.	_____	50 Breaststroke	12.	_____	50 Butterfly
5.	_____	100 Butterfly	13.	_____	100 Breaststroke
6.	_____	200 Backstroke	14.	_____	100 Freestyle
7.	_____	100 Individual Medley	15.	_____	200 Freestyle Relay
8.	_____	200 Breaststroke	16.	_____	500 Freestyle
					(First 12 registrants only)

The deadline for all entries is Friday February 3rd at 3pm. All mail-in entries must be postmarked by 1/25/12 to be accepted.


Entry Fee: \$30 per swimmer (\$40 if registering after 1/25/12) Code: 543998-01: \$ _____

T-shirts (optional) \$10 if pre-ordered on entry form (adult size _____) \$ _____

TOTAL: \$ _____

RELEASE TO BE SIGNED: I the undersigned participant, intending to be legally bound, hereby verify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in competitive swimming (training and competition) including possible permanent disability and death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THIS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL LEGAL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ANY CLAIMS FOR LOSS OR DAMAGE CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: THE CITY OF GLENDALE, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUAL WORKING/OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.

ATHLETE'S SIGNATURE: _____ **DATE:** _____

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