

## Adventures in History 2009 Sample Lesson Plan\*

	Time	<b>Monday “Ranch Animals”</b>	<b>Tuesday “Just Add Water!”</b>	<b>Wednesday “It Grows Here”</b>	<b>Thursday “Time Travel”</b>
<b>Check-in</b>	9:00-9:15				
<b>Morning Activity</b>	9:15-9:45	<b>Scavenger Hunt</b> Go on a scavenger hunt around the ranch to discover the past. Find “Spotty the Cow.”	<b>Just Plant It</b> Try your hand at farming! Plant seeds in your own take-home pots.	<b>Fruit Tour</b> Find out about the ranch’s amazing fruit trees, and get messy at the same time!	<b>Listen to the Past</b> Learn and sing popular children’s songs from the past.
<b>Snack Rotation</b>	9:45-10:10	<b>Butter</b> The Glendale Historical Society will teach you how to churn butter. You even get to taste your butter. Yum, yum!	<b>Worms in Dirt</b> This “dirty” snack, filled with pudding and oreo cookies, will be fun to make and eat!	<b>Lemonade</b> Squeezing lemons by hand, adding sugar and water, and enjoying your very own glass of lemonade!	<b>Washing/Treat</b> Step back into the late 1800s and wash clothes using wash boards, tour the Adobe house, and enjoy a treat created in 1891 – Fig Newtons!
<b>Craft Rotation</b>	10:10-10:35	<b>Peacock Masks</b> Decorate your own mask with peacock feathers, markers and glitter.	<b>Rain Sticks</b> It doesn’t rain here much, but hear the rain whenever you want with this craft	<b>Corn Husk Dolls</b> Make a doll or action figure out of corn husks and yarn.	<b>Go Yo Yo</b> Popular since the 1920s, discover and make this toy from the past.
<b>Activity Rotation</b>	10:35-11:00	<b>Birds of Sahuaro Ranch</b> Learn about chickens, peacocks & peahens, guineas, and other birds. Get a close up look at some of the birds found at Sahuaro Ranch.	<b>Dam Builder</b> Playing around in salt dough and using popsicle sticks to build a dam. This hands-on activity will show you how and why dams are used.	<b>Paper Making</b> Make a special paper using leaves and other items you find at Sahuaro Ranch.	<b>Game of Graces</b> Become “more graceful” with this popular game – using hoops and sticks – from the past.
<b>Group Activity/ Special Guest</b>	11:00-11:45	<b>Work Horse</b> Before tractors and trucks, animals provided the power at Sahuaro Ranch. Meet a horse and a mule up close!	<b>The Canal Builders</b> Learn about the first people who learned how to live in the desert: the Hohokam.	<b>Picking Fruit</b> You get a chance to go out into the fields and pick some fruit (grapes) to take home.	<b>Ice Cream Social</b> The Glendale Historical Society will help you make your very own ice cream, which you get to share with your parents.
<b>Review/ Pack-up</b>	11:45-12:00				

\*Items in this sample lesson plan could change.

*Glendale Parks & Recreation Department*